

## Specialty Tracks

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Residents at the Arnot Ogden Family Medicine Program are given the opportunity to pursue more concentrated study in areas of interest. A specialty track requires at least two (2) electives in their desired area of further study. We presently offer tracks in the following areas:

### [Academic Medicine](#)

The Academic Medicine track is for residents who want to pursue Graduate Medical Education and faculty work at some point in their career. Residents will need to do one elective of “Junior Preceptor” in both the inpatient and outpatient setting. Opportunities to work with faculty, Associate Program Directors and/or the Program Director will be available. If interested in teaching medical students, opportunities to work with the Regional Academic Dean of the Lake Erie College of Osteopathic Medicine (LECOM) Elmira campus will also be available, although this opportunity is more heavily dependent on the Dean’s personal schedule.

### [Women’s Health](#)

The Women’s Health track is available for residents who want more training in gynecology procedures and who want to pursue practice with a Women’s Health emphasis. Residents will need to do two electives in gyn above the two required gyn rotations that are part of the standard curriculum. This includes the opportunity to work in the Gynecology Clinic that is embedded within the primary residency clinic at Eastside Primary Care.

### [Addiction Medicine](#)

The Addiction Medicine track is available for residents who want to pursue an Addiction Medicine fellowship or make it a priority in their future practice. This will involve at least one elective at the inpatient alcohol/drug rehab unit, and one elective in the embedded suboxone clinic run by Dr. Foster within the primary residency clinic at Eastside Primary Care.

### [Primary Care Psychiatry](#)

The Primary Care Psychiatry track is available for residents for whom Behavioral Health is a primary interest and who want to prioritize this as part of their future private practice. This will involve at least one elective in the inpatient BSU at St. Joseph’s Hospital, and one elective working with Psychiatry residents and faculty in the Psychiatry Residency’s outpatient Psychiatry Clinic.

### [Urgent Care](#)

The Urgent Care track is available for residents who may want to do Urgent Care medicine as opposed to more standard outpatient medicine upon graduation. This will involve two electives where residents work in the Walk-In Clinic embedded within the primary residency clinic at Eastside Primary Care. This will include opportunity to perform telemedicine visits when patients who have travel problems need a more urgent visit and their PCP is unavailable.

### [Hospitalist Medicine](#)

The Hospitalist Medicine track is for residents who want to do hospital medicine as the primary or sole focus of their practice upon graduation. This will involve two electives on our inpatient adult medicine team. We also encourage (but don't require) an elective of ICU and/or an elective on the inpatient Pediatrics service.

Although the following aren't set in stone yet, we are also hoping to have the following tracks available starting in academic year 2023-2024:

### [Palliative Care Medicine](#)

The Palliative Care Medicine track is for residents who want to pursue a Palliative Care Fellowship or want more training in this area or their private practice upon graduation. This will involve two electives working with Arnot's Palliative Care Service attendings and (hopefully) working with CareFirst (providing Hospice Care in Chemung and Steuben Counties). We are in the process of working out details with these attendings and will be reaching out to CareFirst once we have the attendings in place for the electives.

### [Integrative Medicine](#)

The Integrative Medicine track is for residents who are interested in incorporating so-called "alternative treatments" into their practice, (although we prefer the term "adjunctive"). This will involve two electives working with practices that do spa/cosmetic procedures, acupuncture, and some basic Chinese Medicine. The primary practice used for this elective in the past has had to stop accepting residents, so the search is on for new opportunities.

Stay tuned to this page for further updates!